



Le SPA Écrin du Bien-être

Le Bouclier d'Or

Treatment Hours :
FROM TUESDAY TO SUNDAY

Spa Access rate for Hotel Guest :

15,00 €, for 1 hour per person
25,00 €, for 2 hours per person

Spa Access rate for Exterior Guest :

40,00 €, for 2 hours per person

Spa Access with a treatment :

1 Hour offered per 50-minute treatment (minimum)
Second hour charged

- The indicated treatment times correspond to the actual treatment duration. Kindly arrive at the spa 10 minutes prior to your scheduled appointment.
- In case of late arrival your treatment will end as originally scheduled as a courtesy to the following guest but you will be charged for the entire treatment.
- A minimum of 24 hours' notice is required to change or cancel a treatment. No shows or cancellation after this time frame will incur full charged.
- We kindly ask you to inform us of any health conditions or pregnancy when making your spa reservation.
- Access to the spa is reserved for guests from the age of 16, under the supervision of an adult.
- Swimwear is mandatory for the spa

OUR SPA
PARTNER

CINQ MÔNDES
PARIS



Le SPA Écrin du Bien-être

Le Bouclier d'Or

Treatment menu

Open every day from 9 am to 9 pm
Closed on Mondays

1 rue du Bouclier - 67000 Strasbourg
Tél. : 33 (0)3 88 13 73 55 - www.lebouclierdor.com

Bouclier d'or Treatments

Bouclier d'or Signature Massage 50 min / 105,00 €

Signature Back Massage 30 min / 60,00 €

✿ Surrender to the intuitive touch and expertise of our skilled therapists who will precisely locate and release trigger points, leaving you in a state of euphoria.

Foot Reflexology 50 min / 105,00 €

✿ Massage and stimulation of specific reflex points on the soles of the feet that helps to reduce stress, improves the circulation and rebalance the mind and body.

Soothing Massage for Expecting Mothers 50 min / 105,00 €

✿ Specially designed to address the body's needs during pregnancy, this healing massage with neutral oil eases backaches and improve skin elasticity and circulation while promoting a state of calm. Advised after the first trimester.

Deep Muscle Massage 50 min / 115,00 €

✿ Enriched with the effectiveness of Swedish techniques this massage focuses on the deeper layers of muscle tissue on your back and back of legs with forearms and bamboo to loosen tight knots and contracted areas.

Imperial Relaxing Massage 1h20 / 135,00 €

✿ Experience a deep sense of peace with this calming head to toe massage that will carry away all your deep-set tension and restore a fresh glow to your face using a combination of energetic point stimulations and long soothing movements.

Body Massages

Revitalizing Leg & Foot Massage 20 min / 45,00 €

✿ A toning and draining massage specially designed to boost circulation, relieve tired and heavy legs using an instant refreshing cream.

Tonifying Indian Ayurvedic Massage 50 min / 105,00 €

✿ Inspired by Indian tradition, this hot oil tonifying massage restore the body and mind balance through a combination of tonic, rhythmic and relaxing movements.

Traditional Oriental Relaxing Massage 50 min / 105,00 €

✿ Using delicately perfumed warm Argan oil the massage therapist work on tender knots with slow and deep movements to eliminate toxins and muscle tensions.

Facials

« Bali Flowers Ritual », Express Radiance Facial 30 min / 60,00 €

✿ A cleansing facial with delicate scents of tropical flowers to remove dead surface skin and help restore skin radiance.

« Five Flowers Ritual » Illuminescence Facial 50 min / 105,00 €

✿ This treatment from Bali deeply moisturizes and brightens the skin with its combination of five tropical flowers followed by a face, neck, and shoulder massage that will leave you with a relaxed glowing face.

« Ko Bi Do » Lifting and Plumping Facial 50 min / 105,00 €

« Ko Bi Do » Anti-ageing Facial 1h20 / 135,00 €

✿ This exceptional facial treatment combines powerful Dermapuncture® movements and a sophisticated facial massage to give the face, neck, and décolleté a natural lift and plump skin.

Treatment Rituals (includes a 10 - 15% discount)

« Take some time out and let your mind & body come to peace... »

Body Bliss Ritual : 1h20 / 135,00 €

✿ - Choose your Scrub ; "Papaya Purée®" or Aromatic scrub with spices
✿ - Choose your Massage ; Ayurvedic tonifying or Oriental relaxing massage

Imperial Youthfulness Ritual : 1h30 / 155,00 €

✿ - Imperial Relaxing Massage 1 HR
✿ - Manual Face lifting massage « Kobido 30 min »

Oriental Ritual : 1h50 min / 190,00 €

✿ - Application of Black Beldi Soap & Relaxation in Hammam (20 min included)
✿ - Exfoliation with Kassa glove
✿ - Purifying & Detoxifying wrap with Rhassoul cream
✿ - Traditional Oriental Relaxing Massage (50 mins)

Serenity Ritual : 2h50 / 265,00 €

✿ - Relaxation in Hammam (20 min included)
✿ - Scrub of your choice "Papaya Puree" or Aromatic scrub with spices
✿ - Bouclier d'or Signature Massage
✿ - Foot Massage & Reflex points
✿ - Illuminescence facial « Five Flowers Ritual »